

# Seacliff

SLSC

## Season 2020/2021 Junior Handbook



## 2020-2021 Junior Club Captains



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## **Welcome**

Seacliff Surf Life Saving Club would like to offer you a warm welcome and hope your time with us can be as rewarding an experience as possible. We pride ourselves as being a family friendly club that can offer a fun and enjoyable experience for the whole family.

## **Our Mission**

Seacliff Surf Life Saving Club aims to encourage all children to achieve, do their best and develop to their full potential whilst having fun in a safe environment. We want to foster their development through the Junior Program and prepare them to be highly skilled senior patrolling members and competitors.

## **Junior Philosophy**

- That all involved in Seacliff (children, parents and helpers) have the right to enjoy the experience and this enjoyment should not be at the expense of others.
- That children should be encouraged to participate and compete to the best of their ability.
- A child's best is good enough and improvement should be seen as the primary goal.
- Children should be encouraged to participate with a high level of sportsmanship. Skills coaching and competition should never promote or tolerate cheating.
- No child is more important to Seacliff than another and no child or family deserves special treatment.
- Competition is only part of the junior activities experience and should not receive an excessive amount of available time, especially at the expense of appropriate lifesaving skill development.
- No child should be placed under excessive or unrealistic pressure by coaches or parents to perform in competition.
- Fun (not to be mistaken for fooling around) is a key goal. Every activity should have an enjoyment component.
- Discipline and correction is based on the philosophy that it is the action that is wrong and that needs modification not the person.

## Our Background

The Seacliff Surf Life Saving Club was founded in 1930 with an inaugural membership of 40, as a means to reduce the number of drowning's occurring in the area. In the 1967-68 season the Junior Surf Life Saving Movement in South Australia was established which has seen the membership of Seacliff steadily grow and currently boasts well over 500 members.

Seacliff has a long and prestigious history of excellence in both patrolling and competition, and has been honoured with many State Patrolling efficiency awards and National Patrol and First Aid titles. Seacliff is one of the most successful Junior Divisions in South Australia with many State Championship overall titles and State Team Members. More importantly, Seacliff has produced some of the finest athletes in our sport winning World and National titles and National Team Member rewards.

## Parental Involvement & Membership

Parents are invited and encouraged to share the experiences of junior activities with their children. Parental involvement within other aspects of Seacliff is also welcomed. This may include the gaining of awards which will assist us with water cover, coaching specific disciplines, officiating and administration, together with participating in social and fundraising activities. All members of the family are welcome at Seacliff!

The involvement of **ALL** parents is encouraged and vital for the success of Seacliff. There are many ways you can assist the juniors and Seacliff as a whole and some of these are:

- Setting up the beach before training. Please arrive 30 minutes before training and offer your assistance. This will include things like setting out beach areas, carrying of boards to specific water areas, etc;
- Washing off boards or helping to pack up all equipment after training;
- Assist the Age Group Leaders during training;
- Assist with Seacliff fundraising activities;
- Volunteer your services for a Seacliff roster which may include Bar or Kitchen roster for Thursday or Friday nights, Saturday afternoon BBQ Roster
- Gain your Bronze Medallion so you are able to assist with water cover; and
- Become an Official. All clubs are required to supply Officials at all carnivals. A short online training course and a quick in person session at Surf House is all that is involved to become accredited.

## **Code of Behaviour**

### ***Parent/Guardian Code of Behaviour***

- Remember that children participate in sport for their enjoyment, not yours
- Encourage children to participate, don't force them
- Focus on the child's efforts and performance rather than winning or losing
- Never ridicule or yell at a child for making a mistake or losing a competition
- Remember that children learn best by example. Appreciate good performance and skill by all participants
- Respect official's decisions and teach children to do like wise
- Show appreciation for coaches, officials and administrators. Without them, your child could not participate
- Be on your best behaviour. Do not use profane language or harass competitors, coaches or officials
- Show respect for your team's opponents, without them there should not be a competition.

### ***Parents should worry when.....***

- More spectators are watching you instead of the event.
- All you see is winning
- All you see is your child
- You are more stressed than your child
- You are your child's private coach during the event
- You make the important decisions about your child's participation
- You begin to believe that you know better than the coach, the club, the state sporting association and anyone else who has a different opinion.

### ***Competitor Code of Behaviour***

- Duty of care for club gear
- Never argue with an official
- Control your temper. Verbal abuse of officials and sledging other competitors are not acceptable or permitted behaviours
- Work equally hard for yourself and/or your team
- Be a good sport. Applaud all good performances whether they are made by your team or opposition
- Treat all participants as you like to be treated. Do not bully or take unfair advantage of another competitor
- Cooperate with your Age Group Leader, team mates and opponents
- Participate for your own enjoyment and benefit, not just to please your parents and coach

**Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.**

## Age Groups & Colours

Children **MUST** be 5 years of age to be registered and permitted to participate in any Surf Life Saving SA activities. A child's age group for the season is their age as at midnight 30th September. This is also their competitive age if participating at inter-club carnivals and junior state championships.

For example:

- John turned 9 on the 28th August this year – John is therefore registered as an Under 10
- Emma turned 9 on the 2nd October this year – Emma is therefore registered as an Under 9

A child who turns 5 before midnight 30th September may participate in the Under 6 age group.

Seacliff use coloured hats at training to distinguish the age groups.

Age Group	Birthday	Hat Colour
Under 6	Turns 6 after midnight 30th September	Light Green
Under 7	Turns 7 after midnight 30th September	Dark Green
Under 8	Turns 8 after midnight 30th September	Pink
Under 9	Turns 9 after midnight 30th September	Purple
Under 10	Turns 10 after midnight 30th September	Blue
Under 11	Turns 11 after midnight 30th September	Red
Under 12	Turns 12 after midnight 30th September	Yellow
Under 13	Turns 13 after midnight 30th September	White

**Table 1: Age Category Definition**

## Training Programs + Requirements

Saturday training is conducted in front of the Patrol Tower at Seacliff Beach each week (bottom of Wheatland Street), unless advised otherwise:

Starting Time - 1.30pm sharp

Under 6: 1.30 – 3pm

Under 7 – under 14: 1.30 – 3:45pm

Club Surf Race: 4.00pm

Bar & BBQ; the downstairs Sandy Feet Bar at the Surf Club is open from 4pm



## Training Programs + Requirements cont.

A Preliminary Skills Evaluation (Skills Evaluation) is to be undertaken prior to commencing any junior water activity training or competition. The competition Skills Evaluation **MUST** be achieved before any junior can participate in water events at carnivals (*not including wade events*). This includes swim, board and related team events such as the board or swim leg of Cameron relay, board relay and/or swim teams.

Age Group	Preliminary Skills Evaluation	Competition Evaluation	Surf Education Award
Under 6	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	N/A	Surf Play 1
Under 7	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	No Competition	Surf Play 2
Under 8	25m Swim (any stroke) - 1min survival float	150m ocean swim	Surf Aware 1
Under 9	25m Swim (any stroke) - 1min survival float	150m ocean swim	Surf Aware 2
Under 10	25m Swim (freestyle) - 1.5min survival float	150m ocean swim	Surf Safe 1
Under 11	50m Swim (freestyle) - 2min survival float	288m ocean swim	Surf Safe 2
Under 12	100m Swim (freestyle) - 2min survival float	288m ocean swim	Surf Smart 1
Under 13	150m Swim (freestyle) - 3min survival float	288m ocean swim	Surf Smart 2 + Resuscitation Certificate

**Table 2: Award Summary and Skills Evaluation**

All children **must be signed on** by their Age Group Leader when arriving at the beach, and **ensure they are signed off** before leaving. Age Group Leaders can be recognised by their bright orange tops.

It is expected that **parents are present on the beach, or have an appointed guardian, whilst their children are training,** in case of injury etc.

Parents must advise the Age Group Leader if, for some reason, they are unable to be present or need to leave the beach for a period of time.

Please help us to teach the children to respect all property used during training (Seacliff and other people's) in particular, the care of boards which are fragile and expensive. Never sit, stand or jump on boards when they are on the sand, and always carry them (not drag them). Parent help will be required if the children are unable to carry the boards.

The following items are required each week for training:

- Bathers
- High Visibility Vest (Available from Merchandise Shop)
- Rash vest or long sleeve t-shirt
- Wide brimmed hat
- Sunscreen
- Goggles (optional)
- Towel
- Water bottle
- Warm clothing for colder days

Seacliff rash vests, hi-vis vests, bathers and hats are available for purchase from our Uniform Shop. Please ensure **ALL BELONGINGS ARE LABELLED**.

When your child signs on each training day they will be issued with a coloured cap - please ensure this is returned when signing off each week.

## **Junior Activities Extreme Weather Policy**

### ***Hot Weather Policy***

#### **Training Days**

**If the advertised temperature for training days is 38 degrees or higher, as published on the BOM website, Glenelg, at 6pm Friday, the session will be moved to start at 9am Saturday morning.** SMS messages will be issued to members that evening informing of the change, TeamApp and the Seacliff SLSC Facebook (Seacliff Surf Club – Active Members) site will be updated. If for some reason the session cannot be moved to the morning, Seacliff will endeavour to arrange an alternative session. Where we are able to anticipate a high temperature is likely, changes will be communicated to our members during the week leading up to our training session.

## **Carnivals**

For high temperatures, a modified carnival may be run (e.g. 8am start with no beach events). The decision to modify or cancel a carnival is at the discretion of the carnival referee on the day.

## **Mid week training**

If the advertised temperature on the training day is 38 degrees or higher, as published on the BOM website, Glenelg, the session will be modified at the discretion of the coach, not cancelled, subject to conditions at time of training. Advice will be communicated using sms, TeamApp and Facebook (Seacliff Surf Club – Active Members). The midweek training groups are smaller and the coaches will generally know who attends and needs to know.

## ***Inclement Weather Policy***

Inclement weather shall be deemed as low temperatures, high winds and high seas. The junior activities training program will be modified and depending on the conditions (in adopting our duty of care) may be cancelled. The decision to cancel junior activities will be the responsibility of the Junior Chairperson, Junior Coach and the on-duty Patrol Captain.

For age groups of U11's and up, there may be an opportunity on these days to learn and/or practice the required awards at the Seacliff clubrooms which forms part of their training.

## Supervision – Age Group Leaders

All age groups will be allocated “Age Group Leaders” who are parents or interested members who have volunteered to manage the age group. They are responsible for the coordination of activities during training days, along with overseeing event entries and activities at Sunday Carnivals. All Age Group Leaders must:

- 1. be a current registered and financial members of Seacliff.**
- 2. have completed the DCSI Working with Children Check.**
- 3. have undergone “Child Safety Officer” training (if over 18) & an “Age Group Leaders Course”**

Age Group Leaders are also strongly encouraged to complete an “Age group Leader Coaching Award”

There are normally at least two (2) Age Group Leaders per age group. These responsibilities may be inter-changeable with other interested parents who are also encouraged to participate and assist the Age Group Leaders with their responsibilities.

All water activities will be conducted under the supervision of one (1) bronze holder or qualified cadet per five (5) junior members. Water cover personnel shall wear the specified orange cap, orange “Water Safety” vest and must sign on for this period.

### Age Group Leaders 2020-2021

<b>Under 6’s</b>	Meredith Wood, Margot Tisher
<b>Under 7’s</b>	Jianna Hudson
<b>Under 8’s</b>	Zac Cowan, Kelly Connor, Josh Charles, Craig Robinson
<b>Under 9’s</b>	Jamie Clancy, Justin Clarke, Nathan West
<b>Under 10’s</b>	Ashley Clarke, Matt Salier, Paul Bastiaan, Nicola Clarke
<b>Under 11’s</b>	Shauna Henty, Marnie Rooney, Mark Warriner
<b>Under 12’s</b>	Patrick Tohu, Kate Bawden, Michelle McKinnon
<b>Under 13’s</b>	Dan Perkins, Mandy Klaver, Annette Davies

## Under 6's & Under 7's Program

Under 6's & 7's is offered as an introduction to Surf Life Saving for 5 and 6 year olds. The aim is to:

1. Introduce children and their parents to the "Family" of surf lifesaving;
2. Provide basic beach and surf skills;
3. Promote a fun, healthy and active lifestyle; and
4. Raise awareness of safety issues for the beach environment including sun and surf aspects.

**It is a legal requirement by Surf Life Saving SA that a parent/caregiver remains with the child throughout the whole training session.** Parents will also be required to assist with activities to ensure the minimum ratio of official staff/leaders/helpers is met. We will require "green singlet" helpers each week which is particularly important when the Tiny Tots are in the water, allowing Seacliff to supervise a large group in the water and teach them new skills at the same time. Overall, the safety of your child is paramount and all parents are expected to directly supervise their children in Tiny Tots.

Parents also need to be available in case their child/children need a toilet stop, drink break, towel access or if he/she becomes distressed/injured, etc.

Under 6's & 7's participants **MUST NOT** leave the group for any reason, without informing the Age Group Leaders.

## **Safety**

Seacliff recognises Surf Life Saving SA's Sun Smart Policy and Sports Medicine Australia's Safety Guidelines for children in sport and recreation.

The SLSSA required ratio for Water Safety is outlined as:

- One (1) Water Safety Officer to Five (5) participants for those who have passed their preliminary skills evaluation.
- One (1) Water Safety Officer to One (1) participant for those who have **NOT** passed their preliminary skills evaluation.
- Approximately 50% of these Water Safety Officers should be on a Rescue Craft;
- It is also highly desirable that those Water Safety officers not on Rescue Craft wear swim fins and make use of rescue tubes or other flotation aids; and
- An Inflatable Rescue Boat (IRB) dedicated to junior activity water cover is also highly desirable and counts as one (1) water Safety Officer.

Junior activities will be undertaken in an environment that will be made as safe as possible. This includes all facilities and equipment.

## ***Waivers***

At any Seacliff training session we encourage the public to try out surf lifesaving without the need to pay for a membership - this is known by Seacliff as "Come & Try" sessions.

Waivers must be completed for any child participating in "Come & Try" days, or just participating to ascertain whether they would be interested in joining. This form is valid only for the duration of that specific activity (one day). Any member of the public is welcome to attend two (2) free "Come & Try" sessions before deciding to become a member of Seacliff.

## ***Medical Information Form***

Surf Life Saving SA strongly recommends to clubs that all junior members complete a Health Information form. This form provides details of any medical requirements for individuals participating in surf lifesaving. Once completed these forms should be kept by the club and details made available to the relevant Age Group Leader. Parents should ensure that a suitable emergency medical plan is in place with the Age Group Leader and the club where appropriate.

Parents of children with **pre-existing medical and/or behavioural issues must inform their AGL** a.s.a.p. to ensure that AGLs are fully aware of the issue and how to deal with them. Parents must remain with their child's group at all times in case of any emergencies that may arise.

## ***Insurance***

All members who sign the SLSA membership form, pay the club's designated fees, and are proficient in their age/category requirements, are insured under Surf Life Saving South Australia's policy. This includes participation in club training and competing at sanctioned SLSSA events.

## **Swimming Policy**

Swimming is a big part of Surf Life Saving. However, surf lifesaving is **not** a Learn to Swim program. We do not have the resources to provide swimming instruction for those children who are unable to swim. Minimum survival skills will be required to be displayed before water activities are undertaken (as outlined in the awards summary above).

Swimming training for all members is available on Monday and Wednesday evenings at Westminster School. This is endurance and conditioning training and not swimming lessons. All parents are encouraged to obtain qualified swimming tuition for their children.

We do recognise that swimming in the sea is a new experience for many children and that even competent pool swimmers can find this challenging at first. The role of Seacliff coaches and Age Group Leaders is to encourage children and help develop their confidence and skills swimming in the sea as well as providing surf education.

## **Merchandise**

The club uniform shop (in the first aid room at the club) is open Saturdays after junior training at 4.15pm. Other times can be arranged by emailing [seacliffslsc.merch@gmail.com](mailto:seacliffslsc.merch@gmail.com). Cash and EFTPOS facilities are available at all times.

### ***Merchandise & Clothing Available***

Girls 1 and 2 piece bathers

Boys jammers and club cut bathers

Long sleeve white nipper tops

Jumpers

Skull caps

Hi Vis

T shirts

Hooded jumpers

Broad brimmed Hats

Deck parkas

## Competition & Carnivals

Informal competition is encouraged each week during Saturday training. All junior members will be encouraged to achieve, do their best, and develop to their full potential whilst having fun. Challenging competition is one element of this development process.

Formal competition will also be encouraged for children in Under 8 – Under 13 through inter-club carnivals. All competitors must have achieved the appropriate awards as detailed in the Handbook under Training Program & Requirements, to ensure the children are capable of completing the competition course in a reasonable time. Saturday training sessions are structured towards achieving these goals. As part of Seacliff's commitment towards developing our junior members, specialist coaches will be organised to help train and develop those members who compete at carnivals.

Carnivals are a great way for our juniors to practice their skills in a friendly atmosphere. Children are encouraged to improve their personal bests.

Structuring of teams and member selection is at the discretion of the Age Group Leaders and the Junior Coach– please respect and support their decisions.

On carnival days, juniors will be required to report to their Age Group Leader by a specified time. They are to remain with their Age Group Leader during the carnival as the Age Group Leader is responsible for the children during the events. Parental assistance is required to carry clothing, boards etc. and is necessary and invaluable at a carnival.

**STATE CHAMPIONSHIPS** are usually held in March each year, at the end of the season. Nippers must attend one carnival during the year to be eligible for team selection at State Titles. We encourage **ALL** children to compete at the State Championships, however all age relevant awards must be completed before juniors are eligible to compete.



## ***Carnival Events***

### **March Past**

March Past is one of Surf Life Saving's original events and represents the traditional discipline of a surf lifesaver. Teams, often dressed in full length club swimming costumes, march in time to music around a set course carrying a surf reel, line and belt and follow their standard (flag) bearer. Teams march in formation, following commands, and they are judged on factors such timing, arm and leg swing, space and dressing, body carriage and presentation.

### **Surf Races**

The Surf Race involves swimmers starting on the beach and then running, wading and swimming about 170 meters to sea to round a set of buoys and then return to the beach. The event concludes with a run finish to the flags placed on the beach.

### **Surf Teams Race**

Teams consist of four members, all of whom must complete the same course as the Surf Race. Points are allocated in order of finish placing. The team with the lowest point score is declared the winner. A modified course is used for Under 9 and 10's.

### **Wade Race (Under 8's to Under 10's)**

This event is for Under 8's to 10's only. The wade race is popular amongst younger athletes and involves running out to an allocated turning mark at knee depth water and then the competitors may either wade, dive or swim along the beach to another marker before returning to the beach to run to the finish line.

### **Wade Relay (Under 8's to Under 10's)**

The wading relay is a four person event where competitors complete the wade race one at a time and tag the next person who then continues on. The race is completed once the fourth and final team member finishes the wading course and runs up the beach to the finish line.

### **Cameron Relay (Under 8's to Under 13's)**

Teams of four competitors comprising of a surf board paddler, surf swimmer and two runners compete in this relay. The order of the water legs are drawn by ballot. The first competitor enters the water, rounds the buoys and returns to shore where they tag the first runner. The first runner rounds turning flags and tags the next competitor who round the buoys and tags the last runner. The last runner runs to the finish line.

### **Board Race (Under 8's to Under 13's)**

Competitors start on the beach, run into the water and paddle either a board around 3 orange buoys before returning to the beach. They finish is 15m up the beach in control of their board.

### **Board Relay (Under 8's to Under 13's)**

Teams of 3 contest the same course as the Board Race in relay format.

### **Iron person (Under 11's to Under 13's)**

The Iron person events are conducted over a course consisting of two legs, including a swim and board. The event also includes a sprint from the end of the first leg to the start of the second. The race concludes with a beach sprint to the finish line. The order of the legs may vary and is decided by draw prior to the event.

### **Board Rescue (Under 12's & Under 13's)**

This two-person event comprises of a surf swimmer and a surf board paddler. The race commences with the swimmer swimming to their allocated buoy and then signalling back to the beach for their board paddler to come out and collect them. Once the paddler reaches the swimmer, the two competitors paddle their board back to the beach and cross the finish line.

### **Brace Relay (Under 11's)**

This two-person event comprises of a surf swimmer and a surf board paddler. The race commences with the swimmer swimming around the swim course then run to tag the paddler. Paddler goes around the board course then board finish across the line. To complete the race, a competitor must have (or have regained) their board & cross the finish line from the seaward side whilst maintaining contact with the whole of their board.

## **Beach**

Beach events include events such as:

- **Beach sprint** - competitors race on a straight sand course of approximately 70 metres to the finishing line.
- **Beach relay** - teams of 4 competitors race on a straight sand course of approximately 70 metres with a baton, running one lap each. The final runner of a team over the finish line wins.
- **Beach flags** - competitors start lying on their stomach facing away from a baton/s buried in the sand approximately 15 metres away. There are always fewer batons than competitors. On the starting gun, competitors rise, turn and race to secure a baton. The competitor(s) who fail to obtain a baton are eliminated. The process repeats until there is a single winner.
- **1km Team Run** – 4 x runners (non gender specific) all runners compete the course at the same time. Points are allocated in order of finish placing. The team with the lowest point score is declared the winner.

## **Rescue & Resuscitation (R&R)**

The Rescue and Resuscitation (R&R) competition provides the opportunity for members to demonstrate in a competitive manner some traditional rescue and resuscitation techniques used in Surf Life Saving. The term "R&R" comes from the core business of surf lifesaving which is "Rescue and Resuscitation". Competitors are assessed and marked on their performance through the whole competition. The event requires that each team member focus and undertake each task with precision so as not to incur any point's deduction. The winner is the team with the least number of points at the end of the event.

Competitors are also required to be in the U11 age group or above and hold a current resuscitation certificate.

## **Lifesaving**

Lifesaving events include:

- **Champion Lifesaver** - this event provides an individual the competitive opportunity to demonstrate their physical and mental skills required to be a surf lifesaver. The skills include a Surf Life Saving questionnaire, resuscitation, surf race, surf board race, beach sprint and a rescue tube race. A point score based on the results achieved determines the winner.
- **First Aid Competition** - the first aid competition is a team event, and is conducted with a set simulated accident scenario and a time limit for each team. The time limit is advised prior to the commencement of competition. Judging is based on SLSA First Aid standards.

## **Pool Rescue Competition**

Each year, normally in July the Pool Rescue State Championships is held at the SA Aquatic Centre.

This provides nippers in the U12 and U13 age categories the opportunity to take part in a range of individual and team events, based in the pool and focused on pool life saving. It provides a good opportunity for juniors to remain active during the winter and continue to develop their swimming and life saving skills.

## Weekday Specialist Training

Seacliff provides a range of specialised training session throughout the year. These can include:

Boards	Beach
Iron Person	Swimming
Sprint Training	March Past
First Aid	R&R

*Times and days vary during the season, this will be published in the Weekly 'Bits & Pieces' publication sent to all junior families on a weekly basis via email. You can also check the website [seacliffslsc.com.au](http://seacliffslsc.com.au), Team App and the Seacliff Active Members Facebook page.*

## Fees for Season 2020/2021

Household Cap      \$400

(up to 2 Adults living in partnership & 5 children all living at the same address. Children over 21 are not eligible to be part of the cap. Ove 5 children + \$50 per child.)

Active Seniors/Masters >= under 14      \$145

Junior Nippers Under 8 – Under 13      \$145

(membership comes with a free club associate membership for under 18 members guardian (Max one per family)

Under 6 – Under 7      \$100

(membership comes with a free club associate membership for under 18 members guardian (Max one per family)

Associate (Social) Membership      \$50

Refer to the Seacliff SLSC website (<https://www.seacliffslsc.com.au/membership-fees/>) for more details or you can direct any enquiries to the Treasurer ([accounts@seacliffslsc.com.au](mailto:accounts@seacliffslsc.com.au))

The competition levy is a charge levied on the club by SLSSA & is payable to the club by anyone who wants to compete for the Seacliff SLSC in 2020/2021. Carnival Fees must be paid in advance for you to be entered into a carnival. Cost per carnival is \$16.50 incl gst. Cost for State Titles is \$44.00 incl gst.

Carnival withdrawal is before close of entry only. Late Fees apply for late entry. These conditions are set by SLSA.

## Club Championships

Junior Club Championships Days run over two training days. They are run like a carnival and designed to give our Juniors a chance to test themselves against their friends and peers. For those who do not generally attend carnivals it is also a chance to experience carnival competition without the pressure of competing against other clubs.

The Club championship days are run at the same time and place we have our Saturday training sessions. Points are awarded for placings with ribbons presented at the end of the competition, and carnival attendance also counts towards the individual season tally. The accumulated points total over the 2 days plus one point per carnival will determine the winners, however they need to attend **at least 65%** of Saturday trainings over the season to be deemed eligible for an award. At the end of the season, trophies are awarded at our Junior presentation night for each age category.

## Seacliff Surf Camps

### *Family Camp*

Seacliff SLSC hold a family camp as a celebration of the past season usually at the end of each season. The camp generally falls around April / May each year and is aimed at involving as many families (Mum, Dad and siblings) as possible. Each year we book a spot in a local caravan park with camp, caravan or cabin facilities and will have several activities planned to involve the whole family. One not to be missed!

## Presentation Day

Presentation Day is a culmination of our year and a celebration of our success. The day is designed to bring together our junior members and Family to celebrate and recognise our past seasons good times and success. Our presentation day will involve :

- Recognition of our Carnival and competition success.
- Club Championship presentation.
- Recognition of our volunteers and helpers in their varying roles throughout the season.
- Recognition of our club captains and voting for next seasons club captains (U8 – U13)
- Presentation of perpetual trophies
- Nominations for roles next season

## Junior Committee 2020/2021

Chairperson	Shauna Henty
Deputy Chair	Sarah Warriner
Secretary	Sarah Morris
Junior Coaches	Bly Bayliss and Justin Needham
Committee Members	Janelle Scrivener, Greg Thompson, Kate Bawden, Jianna Hudson, Arran Mcmillan, Kelly Connor.

## Resources

### Club Contact Names/Numbers

Junior Chairperson	Shauna Henty	0402 298 425
Junior Secretary	Sarah Morris	0411 191 263
Junior Coach	Bly Bayliss	0425 532 542
Club President	Jacinta Day	0419 814 955
Club Secretary	Tanya Evans	0407 796 645
Club Captain	Bly Bayliss	0425 532 542
Members Rep	Vicki Gregory	0430 394 083
Youth Co Ordinator	Tim Salman	0417 885 903
Member Protection Officers	Greg Thompson	0433 873 646
Member Protection Officers	Janelle Scrivener	0438 215 215

## Websites

Seacliff Surf Life Saving Club:

[www.seacliffslsc.com.au](http://www.seacliffslsc.com.au)

Seacliff Surf Club Active Members Facebook: [www.facebook.com/seacliffslsc](https://www.facebook.com/seacliffslsc)

Surf Life Saving S.A.:

[www.surfrescue.com.au](http://www.surfrescue.com.au)

Surf Life Saving Australia:

[www.slsa.asn.au](http://www.slsa.asn.au)

## Junior Perpetual Trophy Winners 2019/2020 Season

Preston Watch Encouragement Award	Lola Sawyer
Alan Johns Senior Memorial Trophy - Best in water	Rosie Davies and Isabella Mckinnon
Nic Mitchell Trophy - Best on Beach	Caleb Harris
Craig Jones Most Improved Swimmer Perpetual Trophy	Holly Caust
Terry Keefe Quiet Achiever Trophy	Kai Raymond
Best Club Person	Lily Jessup
Coach's Trophy	Isabella Mckinnon
R & R Perpetual Trophy	U13 2 Person R&R team

