

Seacliff

SLSC

Season 2016/17 Junior Handbook



Junior State Titles 2015-2016 Season

RANK	CLUB	POINTS
1	Grange SLSC	375
2	Somerton SLSC	278
3	West Beach SLSC	241
4	Glenelg SLSC	236.5
5	Semaphore SLSC	179
6	Port Noarlunga SLSC	152
7	Brighton SLSC (SA)	139
8	Seacliff SLSC	137
9	Henley SLSC	102.5
10	Pt Elliot SLSC	70.5
11	South Port SLSC Inc (SA)	69
12	Moana SLSC	15
13	Aldinga Bay SLSC	12
14	Christies Beach SLSC	6
15	Normanville SLSC	5.5



**2016-17 Junior Club Captains
MAISIE VAN DER JUEGD & ANGUS HIGGINS**

Table of Contents

Junior Philosophy.....	5
Our Background.....	6
Parental Involvement & Membership	6
Code of Behaviour	7
Parent/Guardian Code of Behaviour	7
Parents should worry when.....	7
Competitor Code of Behaviour	7
Age Groups & Colours.....	8
Training Programs + Requirements	8
Training Programs + Requirements cont.	9
Junior Activities Extreme Weather Policy.....	10
Hot Weather Policy	10
Inclement Weather Policy	11
Supervision – Age Group Leaders	12
Under 6’s & Under 7’s Program	13
Safety	14
Waivers	14
Medical Information Form	14
Insurance.....	15
Swimming Policy.....	15
Uniform & Clothing Available	15
Competition & Carnivals	16
Carnival Events	17
March Past.....	17
Surf Races	17
Surf Teams Race.....	17
Wade Race	17

Wade Relay	17
Cameron Relay.....	17
Board Race (Under 9's to Under 13's).....	18
Iron person (Under 11's to Under 13's).....	18
Board Rescue (Under 11's to Under 13's).....	18
Beach.....	18
Rescue & Resuscitation (R&R)	18
Weekday Specialist Training	19
Fees for Season 2016/17	19
Club Championships.....	20
Family Camp.....	20
Presentation Day	20
Resources	23
Club Contact Names/Numbers.....	23
Websites.....	24
Junior State Titles Points 2013/ 2014 Season	25
Junior State Titles Points 2013/ 2014 Season	26
Junior Perpetual Trophy Winners 2013/ 2014 Season.....	26
Junior State Titles Points 2013/14 Season.....	25
Junior Perpetual Trophy Winners 2012/13 Season.....	27

Welcome

Seacliff Surf Life Saving Club would like to offer you a warm welcome and hope your time with us can be as rewarding an experience as possible. We pride ourselves as being a family friendly club that can offer a fun and enjoyable experience for the whole family.

Our Mission

Seacliff Surf Life Saving Club aims to encourage all children to achieve, do their best and develop to their full potential whilst having fun in a safe environment. We want to foster their development through the Junior Program and prepare them to be highly skilled senior patrolling members and competitors.

Junior Philosophy

- That all involved in Seacliff (children, parents and helpers) have the right to enjoy the experience and this enjoyment should not be at the expense of others.
- That children should be encouraged to participate and compete to the best of their ability.
- A child's best is good enough and improvement should be seen as the primary goal.
- Children should be encouraged to participate with a high level of sportsmanship. Skills coaching and competition should never promote or tolerate cheating.
- No child is more important to Seacliff than another and no child or family deserves special treatment.
- Competition is only part of the junior activities experience and should not receive an excessive amount of available time, especially at the expense of appropriate lifesaving skill development.
- No child should be placed under excessive or unrealistic pressure by coaches or parents to perform in competition.
- Fun (not to be mistaken for fooling around) is a key goal. Every activity should have an enjoyment component.
- Discipline and correction is based on the philosophy that it is the action that is wrong and that needs modification not the person.

Our Background

The Seacliff Surf Life Saving Club was founded in 1930 with an inaugural membership of 40, as a means to reduce the number of drowning's occurring in the area. In the 1967-68 season the Junior Surf Life Saving Movement in South Australia was established which has seen the membership of Seacliff steadily grow and currently boasts well over 500 members.

Seacliff has a long and prestigious history of excellence in both patrolling and competition, and has been honoured with many State Patrolling efficiency awards and National Patrol and First Aid titles. Seacliff is one of the most successful Junior Divisions in South Australia with many State Championship overall titles and State Team Members. More importantly, Seacliff has produced some of the finest athletes in our sport winning World and National titles and National Team Member rewards.

Parental Involvement & Membership

Parents are invited and encouraged to share the experiences of junior activities with their children. Parental involvement within other aspects of Seacliff is also welcomed. This may include the gaining of awards which will assist us with water cover, coaching specific disciplines, officiating and administration, together with participating in social and fundraising activities. All members of the family are welcome at Seacliff!

The involvement of **ALL** parents is encouraged and vital for the success of Seacliff. There are many ways you can assist the juniors and Seacliff as a whole and some of these are:

- Setting up the beach before training. Please arrive 30 minutes before training and offer your assistance. This will include things like setting out beach areas, carrying of boards to specific water areas, etc;
- Washing off boards or helping to pack up all equipment after training;
- Assist the Age Group Leaders during training;
- Assist with Seacliff fundraising activities;
- Volunteer your services for a Seacliff roster which may include Bar or Kitchen roster for Thursday or Friday nights, Saturday afternoon BBQ Roster
- Gain your Bronze Medallion so you are able to assist with water cover; and
- Become an Official. All clubs are required to supply Officials at all carnivals, this season, Seacliff must provide. A short training course is provided by Surf Lifesaving SA.

Code of Behaviour

Parent/Guardian Code of Behaviour

- Remember that children participate in sport for their enjoyment, not yours
- Encourage children to participate, don't force them
- Focus on the child's efforts and performance rather than winning or losing
- Never ridicule or yell at a child for making a mistake or losing a competition
- Remember that children learn best by example. Appreciate good performance and skill by all participants
- Respect official's decisions and teach children to do like wise
- Show appreciation for coaches, officials and administrators. Without them, your child could not participate
- Be on your best behaviour. Do not use profane language or harass competitors, coaches or officials
- Show respect for your team's opponents, without them there should not be a competition.

Parents should worry when.....

- More spectators are watching you instead of the event.
- All you see is winning
- All you see is your child
- You are more stressed than your child
- You are your child's private coach during the event
- You make the important decisions about your child's participation
- You begin to believe that you know better than the coach, the club, the state sporting association and anyone else who has a different opinion.

Competitor Code of Behaviour

- Duty of care for club gear
- Never argue with an official
- Control your temper. Verbal abuse of officials and sledging other competitors are not acceptable or permitted behaviours
- Work equally hard for yourself and/or your team
- Be a good sport. Applaud all good performances whether they are made by your team or opposition
- Treat all participants as you like to be treated. Do not bully or take unfair advantage of another competitor
- Cooperate with your Age Group Leader, team mates and opponents
- Participate for your own enjoyment and benefit, not just to please your parents and coach

Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Age Groups & Colours

Children **MUST** be 5 years of age to be registered and permitted to participate in any Surf Life Saving SA activities. A child's age group for the season is their age as at midnight 30th September. This is also their competitive age if participating at inter-club carnivals and junior state championships.

For example:

- John turned 9 on the 28th August this year – John is therefore registered as an Under 10
- Emma turned 9 on the 2nd October this year – Emma is therefore registered as an Under 9

A child who turns 5 before midnight 30th September may participate in the Under 6 age group.

Seacliff use coloured hats at training to distinguish the age groups.

Age Group	Birthday	Hat Colour
Under 6	Turns 6 after midnight 30th September	Light Green
Under 7	Turns 7 after midnight 30th September	Dark Green
Under 8	Turns 8 after midnight 30th September	Pink
Under 9	Turns 9 after midnight 30th September	Purple
Under 10	Turns 10 after midnight 30th September	Blue
Under 11	Turns 11 after midnight 30th September	Red
Under 12	Turns 12 after midnight 30th September	Yellow
Under 13	Turns 13 after midnight 30th September	White
Under 14	Turns 14 after midnight 30th September	Black

Table 1: Age Category Definition

Training Programs + Requirements

Saturday training is conducted in front of the Patrol Tower at Seacliff Beach each week (bottom of Wheatland Street), unless advised otherwise:

Starting Time - 1.30pm sharp for warm up

Under 6 & Under 7: 1.30 – 3pm

Under 8 – under 14: 1.30 – 3.45pm

Club Surf Race: 400m - 4.15pm

Bar & BBQ; Surf Club is open from 4pm – Check “Bits & Pieces” as to whether we are upstairs or downstairs.

Training Programs + Requirements cont.

A Preliminary Skills Evaluation (Skills Evaluation) is to be undertaken prior to commencing any junior water activity training or competition. The competition Skills Evaluation **MUST** be achieved before any junior can participate in water events at carnivals (*not including wade events*). This includes swim, board and related team events such as the board or swim leg of Cameron relay, board relay and/or swim teams.

Age Group	Preliminary Skills Evaluation	Competition Evaluation
Under 6 - Surf Play 1	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	No Competition
Under 7 - Surf Play 2	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	No Competition
Under 8 - Surf Aware 1	25m Swim (any stroke) - 1min survival float	No Competition
Under 9 - Surf Aware 2	25m Swim (any stroke) - 1min survival float	150m ocean swim within 12 mins
Under 10 - Surf Safe 1	25m Swim (freestyle) - 1.5min survival float	150m ocean swim within 11 mins
Under 11 - Surf Safe 2	50m Swim (freestyle) - 2min survival float	288m ocean swim within 12 mins
Under 12 - Surf Smart 1	100m Swim (freestyle) - 2min survival float	288m ocean swim within 10 mins
Under 13 - Surf Smart 2	150m Swim (freestyle) - 3min survival float	288m ocean swim within 8 mins
Under 14 - SRC	200m Swim freestyle in 5mins - 3min survival float	288m ocean swim within 8 mins

Table 2: Award Summary and Skills Evaluation

All children **must be signed on** by their Age Group Leader when arriving at the beach, and **ensure they are signed off** before leaving. Age Group Leaders can be recognised by their bright orange tops.

It is expected that **parents are present on the beach, or have an appointed guardian, whilst their children are training,** in case of injury etc. Parents must advise the Age Group Leader if, for some reason, they are unable to be present or need to leave the beach for a period of time.

Please help us to teach the children to respect all property used during training (Seacliff and other people's) in particular, the care of boards which are fragile and expensive. Never sit, stand or jump on boards when they are on the sand, and always carry them (not drag them). Parent help will be required if the children are unable to carry the boards.

The following items are required each week for training:

- Bathers
- High Visibility Vest - pink (Available from Uniform Shop)
- Rash vest or long sleeve t-shirt
- Wide brimmed hat
- Sunscreen
- Goggles (optional)
- Towel
- Water bottle

Seacliff rash vests, hi-viz vests, bathers and hats are available for purchase from our Uniform Shop. Please ensure **ALL BELONGINGS ARE LABELLED**.

When your child signs on each training day they will be issued with a coloured cap - please ensure this is returned when signing off each week.

Junior Activities Extreme Weather Policy

Hot Weather Policy

Training Days

If the advertised temperature for training days is 38 degrees or higher, as published on the BOM website, Glenelg, at 6pm Friday, the session will be moved to the morning, to start at 9am. SMS messages will be issued to members that morning informing of the change. If for some reason the session cannot be moved to the morning, Seacliff will endeavour to arrange an alternative session. Where we are able to anticipate a high temperature is likely, changes will be communicated to our members during the week leading up to our training session.

Carnivals

For high temperatures, a modified carnival may be run (e.g. 8am start with no beach events). The decision to modify or cancel a carnival is at the discretion of the carnival referee on the day.

Mid week training

If the advertised temperature on the training day is 38 degrees or higher, as published on the BOM website, Glenelg, the session will be modified at the discretion of the coach, not cancelled, subject to conditions at time of training. Advice will be communicated by the coach using sms, email or facebook. The midweek training groups are smaller and the coaches will generally know who attends and needs to know.

Inclement Weather Policy

Inclement weather shall be deemed as low temperatures, high winds and high seas. The junior activities training program will be modified and depending on the conditions (in adopting our duty of care) may be cancelled. The decision to cancel junior activities will be the responsibility of the Junior Chairperson, Junior Coach and the on-duty Patrol Captain.

For age groups of U11's and up, there may be an opportunity on these days to learn and/or practice the required awards at the Seacliff clubrooms which forms part of their training.

Supervision – Age Group Leaders

All age groups will be allocated “Age Group Leaders” who are parents or interested members who have volunteered to manage the age group. They are responsible for the coordination of activities during training days, along with overseeing event entries and activities at Sunday Carnivals. All Age Group Leaders must:

- 1. be a current registered and financial members of Seacliff.**
- 2. have completed the SLSSA Police National Criminal History Record check.**
- 3. have undergone “Child Safety Officer” training (if over 18) & an “Age Group Leaders Course”**

Age Group Leaders are also strongly encouraged to complete an “Age group Leader Coaching Award”

There are normally at least two (2) Age Group Leaders per age group. These responsibilities may be inter-changeable with other interested parents who are also encouraged to participate and assist the Age Group Leaders with their responsibilities.

All water activities will be conducted under the supervision of one (1) bronze holder or qualified cadet per five (5) junior members. Water cover personnel shall wear the specified orange cap, orange “Water Safety” vest and must sign on for this period.

Age Group Leaders 2016 – 2017

Under 6’s – Meredith Wood, Shannon Tohu, Amanda Cech,

Under 7’s – Ashley Clarke, Gibraun Brijmohan, Gary Doyle

Under 8’s – Patrick Tohu & Zac Cowan

Under 9’s – Shaun Kelly, Mandy Klaver & Dan Perkins

Under 10’s – Warren Symonds, Hayley Hosking & Jamie Houston

Under 11’s – Greg Natt, Tim Salmon, Peta Guy

Under 12’s – John Higgins, Ben Bedford

Under 13’s – Kate Keefe, Anthony Doyle, Clare Moase

Under 14’s – Murray Drummond, Claire Drummond & Jacinta Day

Under 6's & Under 7's Program

Under 6's & 7's is offered as an introduction to Surf Life Saving for 5 and 6 year olds. The aim is to:

1. Introduce children and their parents to the "Family" of surf lifesaving;
2. Provide basic beach and surf skills;
3. Promote a fun, healthy and active lifestyle; and
4. Raise awareness of safety issues for the beach environment including sun and surf aspects.

It is a legal requirement by Surf Life Saving SA that a parent/caregiver remains with the child throughout the whole training session. Parents will also be required to assist with activities to ensure the minimum ratio of official staff/leaders/helpers is met. We will require "green singlet" helpers each week which is particularly important when the Tiny Tots are in the water, allowing Seacliff to supervise a large group in the water and teach them new skills at the same time. Overall, the safety of your child is paramount and all parents are expected to directly supervise their children in Tiny Tots.

Parents also need to be available in case their child/children need a toilet stop, drink break, towel access or if he/she becomes distressed/injured, etc.

Under 6's & 7's participants **MUST NOT** leave the group for any reason without informing the Age Group Leaders.

Safety

Seacliff recognises Surf Life Saving SA's Sun Smart Policy and Sports Medicine Australia's Safety Guidelines for children in sport and recreation.

The SLSSA required ratio for Water Safety is outlined as:

- One (1) Water Safety Officer to Five (5) participants for those who have passed their preliminary skills evaluation.
- One (1) Water Safety Officer to One (1) participant for those who have **NOT** passed their preliminary skills evaluation.
- Approximately 50% of these Water Safety Officers should be on a Rescue Craft;
- It is also highly desirable that those Water Safety officers not on Rescue Craft wear swim fins and make use of rescue tubes or other flotation aids; and
- An Inflatable Rescue Boat (IRB) dedicated to junior activity water cover is also highly desirable and counts as one (1) water Safety Officer.

Junior activities will be undertaken in an environment that will be made as safe as possible. This includes all facilities and equipment.

Waivers

At any Seacliff training session we encourage the public to try out surf lifesaving without the need to pay for a membership - this is known by Seacliff as "Come & Try" sessions.

Waivers must be completed for any child participating in "Come & Try" days, or just participating to ascertain whether they would be interested in joining. This form is valid only for the duration of that specific activity (one day). Any member of the public is welcome to attend two (2) free "Come & Try" sessions before deciding to become a member of Seacliff.

Medical Information Form

Surf Life Saving SA strongly recommends to clubs that all junior members complete a Health Information form. This form provides details of any medical requirements for individuals participating in surf lifesaving. Once completed these forms should be kept by the club and details made available to the relevant Age Group Leader. Parents should ensure that a suitable emergency medical plan is in place with the Age Group Leader and the club where appropriate.

Parents of children with **pre-existing medical and/or behavioural issues must inform their AGM** a.s.a.p. to ensure that AGMs are fully aware of the issue and how to deal with them. Parents must remain with their child's group at all times in case of any emergencies that may arise.

Insurance

All members who sign the SLSA membership form, pay the club's designated fees, and are proficient in their age/category requirements, are insured under Surf Life Saving South Australia's policy. This includes participation in club training and competing at sanctioned SLSSA events.

Swimming Policy

Swimming is a big part of Surf Life Saving, however, surf lifesaving is **not** a Learn to swim program. We do not have the resources to provide swimming instruction for those children who are unable to swim. Minimum survival skills will be required to be displayed before water activities are undertaken (as outlined in the awards summary above).

Swimming training for all members is available on Wednesday evenings at Westminster School. This is endurance and conditioning training and not swimming lessons. All parents are encouraged to obtain qualified swimming tuition for their children.

We do recognise that swimming in the sea is a new experience for many children and that even competent pool swimmers can find this challenging at first. The role of Seacliff coaches and Age Group Leaders is to encourage children and help develop their confidence and skills swimming in the sea as well as providing surf education.

Uniform

Kate Keefe and Ali Casement are managing the clothing shop this season. The club uniform shop (in the first aid room at the club) is open Saturdays after junior training at 4.15pm. Other times can be arranged by emailing seacliffslsc.merch@gmail.com. Cash and EFTPOS facilities are available at all times.

Uniform & Clothing Available

Girls 1 and 2 piece bathers

Boys jammers and club cut bathers

Long sleeve white nipper tops

Jumpers

Skull caps

Hi Vis

T shirts

Hooded jumpers

Broad brimmed Hats

Competition & Carnivals

Informal competition is encouraged each week during Saturday training. All junior members will be encouraged to achieve, do their best, and develop to their full potential whilst having fun. Challenging competition is one element of this development process.

Formal competition will also be encouraged for children in Under 9 – Under 13 through inter-club carnivals. All competitors must have achieved the appropriate awards as detailed in the Handbook under Training Program & Requirements, to ensure the children are capable of completing the competition course in a reasonable time. Saturday training sessions are structured towards achieving these goals. As part of Seacliff's commitment towards developing our junior members, specialist coaches will be organised to help train and develop those members who compete at carnivals.

Carnivals are a great way for our juniors to practice their skills in a friendly atmosphere. Children are encouraged to improve their personal bests. Under 8's do not compete at carnival. Structuring of teams and member selection is at the discretion of the Age Group Leaders – please respect and support their decisions.

On carnival days, juniors will be required to report to their Age Group Leader by a specified time. They are to remain with their Age Group Leader during the carnival as the Age Group Leader is responsible for the children during the events. Parental assistance is required to carry clothing, boards etc. and is necessary and invaluable at a carnival.

A **Qualifying Carnival** is held prior to the State Championships to conduct heats of the beach flags, board rescue and ironperson events. Events can be added or removed from this carnival as required to assist in the smooth running of the State Championships.

STATE CHAMPIONSHIPS are usually held in March each year, at the end of the season. Nippers are encouraged to attend carnivals during the year to be eligible for team selection at State Titles. We encourage **ALL** children to compete at the State Championships however all age relevant awards must be completed before juniors are eligible to compete.

Carnival Events

March Past

March Past is one of Surf Life Saving's original events and represents the traditional discipline of a surf lifesaver. Teams, often dressed in full length club swimming costumes, march in time to music around a set course carrying a surf reel, line and belt and follow their standard (flag) bearer. Teams march in formation following commands and they are judged on factors such timing, arm and leg swing, space and dressing, body carriage and presentation.

Surf Races

The Surf Race involves swimmers starting on the beach and then running, wading and swimming about 170 meters to sea to round a set of buoys and then return to the beach. The event concludes with a run finish to the flags placed on the beach.

Surf Teams Race

Teams consist of four members, all of whom must complete the same course as the Surf Race. Points are allocated in order of finish placing. The team with the lowest point score is declared the winner. A modified course is used for Under 9 and 10's.

Wade Race

This event is for Under 9's and 10's only. The wade race is popular amongst younger athletes and involves running out to an allocated turning mark at knee depth water and then the competitors may either wade, dive or swim along the beach to another marker before returning to the beach to run to the finish line.

Wade Relay

The wading relay is a four person event where competitors complete the wade race one at a time and tag the next person who then continues on. The race is completed once the fourth and final team member finishes the wading course and runs up the beach to the finish line.

Cameron Relay

Teams of four competitors comprising of a surf board paddler, surf swimmer and two runners compete in this relay. The order of the water legs are drawn by ballot. The first competitor enters the water, rounds the buoys and returns to shore where they tag the first runner. The first runner rounds turning flags and tags the next competitor who round the buoys and tags the last runner. The last runner runs to the finish line.

Board Race (Under 9's to Under 13's)

Competitors start on the beach, run into the water and paddle either a board around 3 orange buoys before returning to the beach. They finish 15m up the beach in control of their board.

Board Relay

Teams of 3 contest the same course as the Board Race in relay format.

Iron person (Under 11's to Under 13's)

The Iron person events are conducted over a course consisting of two legs, including a swim and board. The event also includes a sprint from the end of the first leg to the start of the second. The race concludes with a beach sprint to the finish line. The order of the legs may vary and is decided by draw prior to the event.

Board Rescue (Under 11's to Under 13's)

This two-person event comprises of a surf swimmer and a surf board paddler. The race commences with the swimmer swimming to their allocated buoy and then signalling back to the beach for their board paddler to come out and collect them. Once the paddler reaches the swimmer, the two competitors paddle their board back to the beach and cross the finish line.

Beach

Beach events include events such as:

- **Beach sprint** - competitors race on a straight sand course of approximately 70 metres to the finishing line.
- **Beach relay** - teams of 4 competitors race on a straight sand course of approximately 70 metres with a baton, running one lap each. The final runner of a team over the finish line wins.
- **Beach flags** - competitors start lying on their stomach facing away from a baton/s buried in the sand approximately 15 metres away. There are always fewer batons than competitors. On the starting gun, competitors rise, turn and race to secure a baton. The competitor(s) who fail to obtain a baton are eliminated. The process repeats until there is a single winner.

Rescue & Resuscitation (R&R)

The Rescue and Resuscitation (R&R) competition provides the opportunity for members to demonstrate in a competitive manner some traditional rescue and resuscitation techniques used in Surf Life Saving. The term "R&R" comes from the core business of surf lifesaving which is "Rescue and Resuscitation". Competitors are assessed and marked on their performance through the whole competition. The event requires that each team member focus and undertake each task with precision so as not to incur any point's deduction. The winner is the team with the least number of points at the end of the event.

Competitors are also required to be in the U11 age group or above and hold a current resuscitation certificate.

Lifesaving

Lifesaving events include:

- **Champion Lifesaver** - this event provides an individual the competitive opportunity to demonstrate their physical and mental skills required to be a surf lifesaver. The skills include a Surf Life Saving questionnaire, resuscitation, surf race, surf board race, beach sprint and a rescue tube race. A point score based on the results achieved determines the winner.
- **First Aid Competition** - the first aid competition is a team event, and is conducted with a set simulated accident scenario and a time limit for each team. The time limit is advised prior to the commencement of competition. Judging is based on SLSA First Aid standards.

Weekday Specialist Training

Seacliff provide a range of specialised training session throughout the year. These can include:

Boards	Beach
Iron Person	Swimming
Sprint Training	March Past
First Aid	R&R

Times and days vary during the season, this will be published in the Weekly 'Bits & Pieces' publication are sent to all junior families on a weekly basis via email. You can also check the website seacliffslsc.com.au Bits & Pieces' club update which

Fees for Season 2016/17

Family	\$320 (up to 2 Adults & all dependent children participating under 18 or less living at the same physical address)
Seniors	\$190
Masters	\$190
U8 to U14*	\$200
U6 to U7*	\$180
Associate	\$50

*Membership includes an additional club associate membership for guardian

Competition Levy – Season 2016/17

U9 to U13	\$45 per competitor
U14 to Masters	\$55 per competitor

Competition levy is a charge now levied on the club by SLSSA & is payable to the club by anyone who wants to compete for the Seacliff SLSC in 2016/17. Refer to seacliffslsc.com.au for more details.

Club Championships

Junior Club Championships Days run over two training days. They are run like a carnival and designed to give our Juniors a chance to test themselves against their friends and peers. For those who do not generally attend carnivals it is also a chance to experience carnival competition without the pressure of competing against other clubs.

The Club championship days are run at the same time and place we have our Saturday training sessions. Club champions are selected based on criteria set out by the junior committee and points scored during the Club Championship days. Trophies are presented to club champions in each age group at our end of year presentation day.

Eligibility to receive trophies:

- Children must have attended **60% of training days**.

Seacliff Surf Camps

Family Camp

Seacliff SLSC hold a family camp as a celebration of the past season generally at the end of each season. The camp generally falls around April / May each year and is aimed at involving as many families (Mum, Dad and siblings) as possible. Each year we book a spot in a local caravan park with camp, caravan or cabin facilities and will have several activities planned to involve the whole family. One not to be missed!

Presentation Day

Presentation Day is a culmination of our year and a celebration of our success. The day is designed to bring together our junior members and Family to celebrate and recognise our past seasons good times and success.

Our presentation day will involve :

- Recognition of our Carnival and competition success.
- Club Championship presentation.
- Recognition of our volunteers and helpers in their varying roles throughout the season.
- Recognition of our club captains and voting for next seasons club captains (U8 – U13)
- Presentation of perpetual trophies
- Nominations for roles next season

Seacliff SLSC Surf Sports - Team Selection Policy

OVERVIEW:

The objective of the Teams Selection Policy is to ensure the best possible teams are selected to:

- Represent Seacliff SLSC in the Metro Carnivals, SA State titles, Australian & World Championships (if required). In the interests of all Seacliff SLSC members, this policy also serves to provide transparency to the selection process of Club teams.

1. ELIGIBILITY:

All athletes wishing to be considered for selection must meet relevant conditions of section 2.2 of the Competition Eligibility of the SLSA Surf Sports Manual (Current competition Edition), which includes not being in default with Seacliff SLSC, SLSSA or SLSA in relation to financial, discipline, proficient and/or patrol commitments.

- In specific reference to SEACLIFF SLSC, all members are personally responsible for ensuring that they are “financial” members i.e. they have completed the applicable annual membership form(s) and paid annual Club membership fees.
- All members wishing to compete are further responsible for ensuring that they have paid the nomination fees.
- The nomination fees must be paid in full prior to any member being entered in any competition events.
- Completion of forms and payment of fees provides members and the Club with personal injury and public liability insurance cover whilst members are involved in “surf lifesaving activities”.
- Such activities include training and competition. Members will not be permitted to train with Club coaches or compete for the Club unless “financial” and will therefore be ineligible for team selection.

2. WHO THE TEAMS SELECTION POLICY IS APPLICABLE TO:

The *Teams Selection Policy* applies to all members who wish to compete in team events including: Swim, Board, Ski, Beach, Surf Boat, IRB crews and R&R. and Multi-Discipline (e.g. Taplin Relay etc.) events in the age groups of Under 15, Under 17, Under 19 and Open and Junior Age groups U9 – U14.

3. SELECTION:

3.1 The Selection Panel

1. The Selection Panel for Senior Competition will comprise the Competition Coordinator, Coaching Panel and Age Group Leaders (for Junior Competition). The decision of the Selection Panel will be final.
2. The selection panel are not required to meet in person but MUST all provide written agreement or disapproval of the teams selected.
3. Selection Panel documentation relating to approval or disapproval must be held for a period of five (5) years after the selection decision.

3.2 The Selection Process

1. Selectors shall select competitors in accordance with the final team composition requirements of the competition.
2. The Selectors shall have total discretion in selection and may have regard for / to any or all of the criteria.
3. A majority decision is required by the selectors to select team members.
4. Subject to this policy, the decision of the Selection Panel will be final. No reason needs to be given for any selection or other decisions of the selectors. This shall not prevent or restrict the selectors changing the selection of any competitors at any time in their sole discretion, having regard to all circumstances.
5. Selectors reserve the right to make adjustments to the team composition.
6. Selectors will be present at and /or utilize results from the selected carnivals /gazetted events listed below.
7. Selection of teams will be based largely on Competitor's performances and recorded results from Carnivals, Club Championships and organized training sessions. This will therefore include their overall performance together with any further team trials deemed appropriate by the Selection panel and further Selection Criteria detailed below.

3.3 SELECTION CARNIVALS

Included are: All carnivals, SA Swim and Craft Series events and Seacliff Club Championships.

Please Note: Selection consideration will be on going, to select teams to compete in SA Open State Champs teams & Australian Champs Teams.

3.4 Further Selection Criteria

In the final selection of team's, competitors must primarily comply with current competition by-laws as set out by competition committee.

Consideration may also be given to, but is not limited to, the following factors:

1. Athletes nominating for individual events at carnivals must make themselves available for team selections.
2. Attendance and performances at Club Championships.
3. Results / performances at other relevant surf lifesaving events during the season.
4. Previous result/performances at local, state, national and international surf lifesaving events.
5. Current level of skill and physical fitness (where relevant) given the conditions on the day of the event.
6. Current or potential injury or conditions, which may impair, inhibit or prevent performance to the requisite level.
7. The athlete's personal "workload"/program at the relevant event.
8. Attendance at authorized training sessions and/or with approved coaches;
9. Demonstrated and/or potential ability to work with fellow competitors, coaches, managers, club administrators, chaperones and officials.
10. Ability to operate in a team environment.
11. Exhibition of a sound moral code of conduct.
12. The potential to successfully achieve the objectives of the team.
13. Bereavement or family matters that disable the athlete from meeting other selection criteria.
14. Other factors considered relevant in the circumstances.

4. NOTIFICATION TO RELEVANT PARTIES

Until such time as the teams are finalized, the Competition Coordinator for Senior Competition & Age group Leaders for Junior Competition or their nominee is the sole person able to comment to other parties on any matters relating to selection of an athlete or team.

Individuals selected shall be notified of their selection as soon as practical after the finalization of the team by their respective discipline coach / age group leader.

5. REMOVAL FROM THE TEAM

1. Any participant who:

a. breaches or fails to observe this policy, the SLSSA Constitution or the Bylaws;
b. by reason of illness or injury is unable to perform to the required standard in the opinion of the selectors or the age group leader. (after having received advice from a parent, guardian or medical practitioner); may be ineligible for selection to or continued membership of the team in which they have been selected up to a time immediately preceding marshalling of the event.

2. Any participants may be removed from any selected squad or team by the selectors in consultation with the coach and the team. This may include where the participant has failed to sustain his or her performance and attitude to a satisfactory level, provided that the required performance levels had first been discussed with the participant or parent/guardian (for team member within juniors) and the participant had been given the opportunity to attain those performance levels within a defined timeframe.

3. There is no right of appeal (either under this policy or under the SLSSA Regulations) against any decision of the selectors.

Junior Committee 2016/17

Chairperson – Jacinta Day

Deputy Chair – Matt Crichton

Secretary – Helen Thomas

Junior Coach – Bly Bayliss

Officials Coordinator – Hayley Jessup-Case

Member Liaison – Tim Salman, Collette Brijmohan, Tammie Manning, Laila Taylor,

Resources

Club Contact Names/Numbers

Jacinta Day - Junior Chairperson – 0419 814 955

Helen Thomas - Junior Secretary – 0449 509 592

Bly Bayliss - Junior Coach – 0425 532 542

Andrew Chandler - Club President - 0414 690 755

Russell Scott – Club Captain – 0477 870 008

Club Reporting Officers – Nippersafe



Matt Crichton
0408294993



Stuart Hosking
0408089434



Karen Wilmot
0405461142

Websites

Seacliff Surf Life Saving Club:
Seacliff Surf Life Saving Facebook:
Surf Life Saving S.A.:
Surf Life Saving Australia:

www.seacliffslsc.com.au
www.facebook.com/seacliffslsc
www.surfrescue.com.au
www.slsa.asn.au

Junior State Titles Points 2015/ 2016 Season

Junior State Titles Individual Event Results & Points				
Event	Place	Name	Team	Points
Under 9 Boys Board Race	6	Cooper Strachan		1
Under 9 Boys Surf Race	2	Robert Thomas		5
Under 9 Girls Beach Flags	6	Erin Shepherd		1
Under 9 Girls Board Race	5	Erin Shepherd		2
Under 10 Boys Beach Flags	2	Lucas Crennan		5
Under 10 Boys Beach Sprint	6	Lucas Crennan		1
Under 10 Girls Board Race	6	Katie Natt		1
Under 10 Girls Surf Race	1	Katie Natt		7
Under 10 Girls Wade	4	Katie Natt		3
Under 10 Girls Wade	5	Mia Perkins		2
Under 11 Boys Beach Flags	1	Cohen Bedford		7
Under 11 Boys Beach Flags	6	Reggie Page		1
Under 11 Boys Beach Sprint	1	Reggie Page		7
Under 12 Boys Beach Flags	5	McKenzie Cooper		2
Under 12 Boys Beach Sprint	6	McKenzie Cooper		1
Under 12 Girls Beach Sprint	6	Chelsea Doyle		1
Under 12 Girls Iron	4	Chelsea Doyle		3
Under 13 Boys Beach Sprint	2	Nathaniel Drummond		5
Under 13 Boys Iron	1	Nathaniel Drummond		7
Under 13 Boys Surf Race	2	Nathaniel Drummond		5
Under 13 Girls Beach Flags	3	Cloe Griffiths		4
Junior State Titles Team Event Results & Points				
Under 9 NGS Cameron Relay	5	Tom Amber, Erin Shepherd, Cooper Strachan, Robert Thomas,	Team A	4
Under 9 NGS Surf Team	4	Cooper Strachan, Darci Symonds, Robert Thomas, Edward Wilson,	Team A	5
Under 9 NGS Wade Relay	4	Tom Amber, Erin Shepherd, Cooper Strachan, Edward Wilson	Team A	5
Under 10 NGS Board Relay	5	Lucas Crennan, Jack Kelly, Katie Natt	Team A	4
Under 10 NGS Cameron Relay	4	Gjsovaun Brijmohan, Lucas Crennan, Katie Natt, Mia Perkins	Team A	5
Under 10 NGS Wade Relay	5	Gjsovaun Brijmohan, Lucas Crennan, Jack Kelly, Katie Natt	Team A	4
Under 11 NGS Beach Relay	1	Saxon Amber, Cohen Bedford, Keenan Gray, Reggie Page	Team A	9
Under 12 (NGS) Beach Relay	1	Chelsea Doyle, Xavier Luetolf, Emma Moase, Mackenzie Van Der Jeugd	Team B	9
Under 12 (NGS) Beach Relay	4	Jack Bawden, McKenzie Cooper, Jai Maddern, Lachlan Ward	Team A	5
Under 13 (NGS) Beach Relay	5	Nathaniel Drummond, Cloe Griffiths, Michaela Kelly, Maisie Van Der Jeugd	Team A	4
All Age (Nipper) Beach Relay	1	Cooper Strachan, McKenzie Cooper, Lucas Crennan, Nathaniel Drummond, Reggie Page	Team A	9
All Age (Nipper) March Past	6	Caitlin Edwards, Natalie Hecker, Angus Higgins, Laura Hisgrove, Ashlee Hosking, Oliver King, Olivia Lockhart, Angus	Team A	3
		Charlee Symonds, Shae Williams		

Junior State Titles Points 2015/ 2016 Season

R&R State Titles 2015-16				
Event Name	Place		Team	Points
2 Person R&R Under 11	4th	Natalie Hecker, Katie Natt	Team A	5
2 Person R&R Under 13	4th	Caitlin Edwards, Charlee Symonds	Team A	5
2 Person R&R Under 13	5th	Laura Hisgrove, Ashlee Hosking	Team B	4
2 Person R&R Under 13		Angus Higgins, Oliver King	Team C	
5 Person R&R Under 13	2nd	Caitlin Edwards, Laura Hisgrove, Ashlee Hosking, Alice Lockhart & Charlee Symonds	Team A	7

First Aid State Titles 2015-16				
Event Name	Place		Team	Points
U14 First Aid	2nd	Caitlin Edwards & Charlee Symonds	Team C	7
U14 First Aid	3rd	Ethan Bedford & Dylan Taylor	Team B	6
U14 First Aid	4th	Hayley Hosking & Jenna Austin	Team A	5

Junior Perpetual Trophy Winners 2015/ 2016 Season

Preston Watch Encouragement Award	Jack Bawden
Alan Johns Senior Memorial Trophy - Best in water	Nathaniel Drummond
Nic Mitchell Trophy - Best on Beach	Reggie Paige
Craig Jones Most Improved Swimmer Perpetual Trophy	Jarrold Gray
Best Club Person	Angus Higgins
Best Performance at State Titles	Nathaniel Drummond
Coach's Trophy	Keenan Gray
First Aid Trophy	Caitlin Edwards & Charlee Symonds
R & R Perpetual Trophy	U13 5 Person Team R&R Team; Caitlin Edwards, Laura Hisgrove, Ashlee Hosking, Alice Lockhart & Charlee Symonds
March Past Trophy	Charlee Symonds

